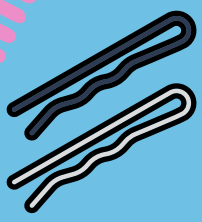
SIMPLY BALLET
ADELAIDE

END OF YEAR CONCERT

Survival Guide



SIMPLY BALLET

Concert Survival Guide

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INTRODUCTION

The opportunity to perform in a concert is an exciting, empowering and confidence-building part of the ballet training process. This is where we love to watch our students learn about the theatre, rehearsals, and teamwork while they enjoy the opportunity to showcase their skills in a professionally run production.

Concerts are a wonderful way for students to showcase the results of their hard work and for family and friends to join in the pride of their achievement. We love giving all students the chance to perform for their family and friends in this supportive and fun environment and encourage even our youngest and newest performers to be involved.

This is without doubt the highlight of our year and we are excited to show you how hard our dancers have been working!

TIMES & LOCATIONS

Our concert will be held at

The Richard Flynn Theatre
St. Ignatius College – Senior Campus
2 Manresa Court, Athelstone

Sunday 29th November 2026

Show 1 – 1:30pm

Show 2 – 6:00pm

Free parking is available on Manresa Court in front of the school.

- Please enter the school ground past the Chapel and proceed to the stage door to the right of the theatre (not the main foyer doors).
- Please see the attached map on p.15 for parking and Theatre locations.

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IN CLASS REHEARSALS

Most rehearsals happen during regular class times, it is important that students do not miss their regular classes between now and concert time so they can spend their rehearsal time together to learn their routines, feel confident, and dance amazingly.

If for any reason you or your child will miss more than one regular class between now and Concert Day, we ask that you contact Simply Ballet to let us know in advance.

DRESS REHEARSAL AND TECHNICAL REHEARSAL

Dress Rehearsal is a compulsory part of preparing for our concert. This is where we get to see the costumes on students in a group and it gives us a chance to make any adjustments and ensure that everyone has time to get ready between their dances. We can see if any costumes are missing anything or need alterations.

Dress Rehearsal - All participants must attend.

Sunday 22nd November

At Simply Ballet studios – King George Hall, Koongarra Court Magill

- Participants will be given their costume at the dress rehearsal.
- **You will take your costume home after the dress rehearsal. You are responsible for it from this point onwards.**
- Participants will run through the dances a few times and practice the finale with other class groups.
- The dress rehearsal allows the participants to become familiar and feel comfortable with their performance, costume(s), and being part of the entire performance as a whole.
- If you/your student has more than one dance, they will need to change costumes just like for the show.
- Participants learn entrances, exits, where to stand, interaction with other classes, and the finale/end of show process.
- Lighting, music cues, set changes, and all other logistics for an organized and professional performance are rehearsed so that everyone feels as comfortable as possible.
- No parents will be allowed in the studio during the dress rehearsal (this also keeps everything a surprise for you!)
- A Dress Rehearsal schedule will be sent at least 2 weeks prior.

Technical Rehearsal gives the stars of our show a chance to get up and rehearse on the big stage, a very different environment than they are used to within the studio walls.

They can overcome some of the jitters that may hit when the bright lights come on and really prepare themselves for the show ahead. It is a fun and rewarding experience and a great chance to watch their friends and see some other inspiring dancers as they wait for their turn in the spotlight.

Theatre Safety Induction is required because Theatres are working environments and involve many moving parts. The Technical Rehearsal and Theatre Safety Induction are mandatory for all participants for safety reasons without exceptions.

If Technical Rehearsal and Safety Induction are not attended,

the student will not be able to perform in the concert.

Technical Rehearsal and Theatre Induction

Sunday 29th November

Richard Flynn Theatre, Athelstone

- **Schedules will be posted in the studio and sent via email 1 week prior.**
- Please arrive at your scheduled time.
- Performers should arrive in their uniform/leotard and tights – **not their costume**.
- Wear clothing with zips/buttons etc. that can be removed without disrupting hair and make-up i.e. a jacket that does not need to be removed over the head

Performers will need to bring along all their costumes, hair, and makeup items for the concert. This includes hairspray, bobby pins, bun pins, hairnets, tights, socks, hair ties and safety pins etc. See the checklist at the end of this guide for more details.

All performers will be checked in to the venue upon arrival, if under 18 by their responsible parent or guardian.

Parents will not be admitted backstage however, rest assured that the children will be supervised through the duration of rehearsal & concert by Simply Ballet Staff. Performers cannot leave the premises without being checked out.

All costume and clothing items must be clearly labelled, and everyone is asked to bring a healthy lunch or snacks with a bottle of water – all labelled with your full name.

Our staff will ensure that children are reminded to drink water regularly and eat their snack at the allocated time.

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TICKETS

Tickets will be available for purchase online from Ticketebo ticketing agent.

Ticket Type	Price (Inc. GST)
Adult	$31.95
Child (Age 4-15)	$21.95
Infants on lap (Age 3 and under)	Free – but must be booked

Tickets sales are first in, first served so we highly recommend you go online and purchase your tickets as soon as the site is live.

Seating is unallocated in the theatre so you can sit with family and friends.

We do not charge for infants to attend the concert unless they will be occupying their own seat.

We also ask that you consider our dancers and other audience members when bringing young children to watch, and if they become loud, distressed, or disturb other audience members, please take them outside during a break in the action to let off a bit of steam before returning to enjoy the rest of the show.

The theatre seats approximately 300 people and has access for up to 6 wheelchair seating.

Please contact office@simplyballet.com.au if you require seating for a wheelchair.

Theatre doors open approximately 20 minutes before the start of each show.

PHOTOS & VIDEO

We are so excited to have our fabulous professional photographers taking pictures of our dancers to create some wonderful keepsakes from our concert. Photos will be taken throughout the technical rehearsal and concert and will involve all our hardworking dancers.

Access to download all photos are included in your participation fee and you will be sent a link to the photos a few weeks after the concert.

For copyright and child safety reasons, no photographs or video can be taken during the show by anyone other than our contracted photographers.

Please do not bring cameras into the theatre and do not use your mobile devices for recording. This is very distracting to the people around you and is against South Australian Child Protection Legislation and Simply Ballet's Child Protection Policies. Audience members found recording on personal devices may be asked to leave the theatre.

The concert will be live streamed to a private web link so that family interstate or overseas can also watch the concert live. A link and password will be sent to all participants email addresses a few days prior to the concert, you will need to pass this on to whomever you want to watch the concert. This link will be valid for 90 days.

The live stream will also be recorded, and you can re-watch it after the concert if you wish!

COSTUMES

Once costumes arrive, participants will try on their costume for size during class time before the dress rehearsal. This allows us to re-order or swap any costumes that do not fit.

Costumes will be given out at your Dress Rehearsal.

To ensure that there are no costume mishaps, participants should not wear their costumes, or accessories prior to the performance.

- Costumes are not replaceable. We cannot replace missing or damaged costumes or accessories.
- You must provide any required tights, shoes, underwear/body stockings etc as advised.
- Costumes should remain hung up and not played with or worn before the concert.
- Please write each performer's name in their costume, shoes, accessories, and tights.
- Place the costumes in a garment bag with your performer's name on the outside.
- Pack accessories in a clear plastic bag with your performer's name on the bag and on each item.

- Please do not wash costumes in your washing machine; hand-wash them only (generally only after the performance).
- Do not iron your costume without advice
- We want performers to look their best on stage and in their pictures, however costumes are not custom made and sometimes may require some minor alterations. This is the responsibility of the participant.

COSTUME PREPERATION

Costumes often arrived tightly packed and may be creased or crushed. Please take some time to ensure your costume is looking it's best by removing any wrinkles or folded tulle.

- Hang ballet tutu's upside down from the gusset.
- Use your fingers to gentle separate and unfold any tulle layers that have been crushed.
- If you have a steamer or iron with a steam functions, gently steam out any wrinkles while the tutu is hanging upside down
- Alternatively, hang the costume in a steamy bathroom for a few days to help wrinkles fall out
- Leave the tutu upside down to cool before placing in a garment bag.

Reminder – DO NOT ARRIVE at the venue in your costume, please wear your tights and leotard with a tracksuit or button/zip clothing over the top.

Please avoid clothing that needs to be taken off over the head to avoid messing up hair and makeup.

It is best to arrive with hair and makeup done as best as you can, Simply Ballet staff will assist if necessary.

TIPS

- Always have a second pair of tights available.
- Place costumes in a garment bag for travel.
- Hang costumes before each performance.
- Place your name in all costumes and shoes.
- No visible or coloured underwear

TIGHTS, SHOES, AND UNDERWEAR

Tights, shoes, hair supplies, and make-up are not included in your concert participation fee. You are responsible in sourcing and bringing these items with you.

Tights

Ballet Tights	Female: Theatrical pink *OR* matched to your skin tone and shoes Male: Black or as per costume with matching socks and shoes
Tap Tights	Tan

- Tights are available at Simply Ballet or your local dancewear stores.
- Please keep new tights for the concert; only wear them for photos, dress rehearsal and the performance.
- Wash tights by hand in cold water separately and hang them up to dry.
- It is recommended you have at least two pair of tights in case of accidents.

Shoes

Ballet Shoes	Female: Ballet pink leather or canvas, *OR* matched to your skin tone and tights **No shoes with grey leather toe pieces or decorations** Male: Black or as per costume with matching socks and shoes. If tights stop at the ankle, socks must be worn over the top which cover the gap
Tap Shoes	Tan (Tiny and Junior Tap) *OR* Black (Adult Tap)

Shoes and ribbons should be cleaned or washed before dress rehearsal. Leather shoes can be cleaned with baby wipes. Canvas shoes and shoe ribbons should be handwashed in soapy water.

Your tights and your shoes should match in colour. If you are wearing darker or lighter toned shoes, you need to purchase tights of the corresponding colour.

Underwear

Dance attire is designed so that underwear does not need to be worn underneath. For females, your tights act as underwear and males may wish to consider a dance belt.

We understand not everyone is comfortable with this. If you choose to wear underwear underneath your dance attire or costume it must be flesh coloured, smooth, and not visible.

Females may wish to consider a bodystocking as an alternative to underwear.

Bodystockings and flesh coloured underwear are available for purchase from Simply Ballet.

MAKEUP

Without any make up, participants facial features become washed out on stage. All participants should wear a minimum of foundation, blush, red or pink toned lipstick, and basic eye make-up.

Preschool Make-up Requirements

- We suggest participants have:
  - Foundation/Base (avoid a high SPF rating if possible and mineral foundations)
  - Eye shadow in neutral colours (browns, tan etc.)
  - Pink tone blush
  - Black mascara **(optional)**

Do not apply lipstick to your child or send lipstick with them in their bag.
Staff will apply lipstick backstage using single use applicators before your child goes onstage. This avoids lipstick accidents with costumes and students playing with lipstick.

Watch the preschool make-up tutorial online

PRESCHOOL MAKE-UP TUTORIAL

Grade 1 and above Make-up Requirements

- We suggest participants have:
  - Foundation/Base (avoid a high SPF rating if possible and mineral foundations)
  - Eye shadow in neutral colours (browns, tan etc.)
  - Pink tone blush
  - Red or pink toned lipstick
  - Black eyeliner
  - Black mascara

Watch the Grade 1 and above Makeup Tutorial online

GRADE 1 and ABOVE MAKEUP TUTORIAL

You do not need to buy expensive make-up. General brands from a chemist are more than suitable.

Teachers will be available to help with make-up application if required, however each participant must bring their own make-up supplies for hygiene reasons.

HAIR

All hair should be secured in a high bun for all performers. If you can do your own hair, please do so. If not, teachers will be on hand to assist with hair before your onstage rehearsal.

Bun packs are available for purchase from Simply Ballet in Blonde, Brown, and Black.

You will need to bring all supplies required with you.

Please bring the following hair supplies;

- Comb
- Hairbrush
- Hair elastics
- Bun pins
- Bobby pins
- Hairspray/gel
- Hairnet (Hairnets are preferable to bun nets as they are larger)

You can practice using Simply Ballet's hair tutorial available online here

WATCH THE HAIR TUTORIAL

Any required Head pieces will be provided at the dress rehearsal and at concert.

All head pieces must be return after the Dress Rehearsal and Concert.

Headpieces are a hired item which is included in your concert participation fee but must be returned to Simply Ballet before leaving the studio/theatre.

CHECK-IN AND CHECK-OUT PROCEDURES

As always, the safety of our Simply Ballet family is our #1 priority.

You will be emailed a QR code which is used to check each participant in and out of the theatre at the stage door.

Your arrival time will be listed in the email with your QR code.

At this time, please present to the theatre stage door to check-in. No parents are allowed backstage. Staff will collect students under 18 at the stage door and take them to their dressing room where they will be supervised.

Performers cannot leave the backstage area during rehearsals or the performance.

For young students, if your child has a problem our staff cannot resolve, we will contact you by phone.

After the show, all performers need to check-out using their QR code.

For students under 18, we ask that only 1 parent comes to collect them from the stage door to avoid congestion. There will be a separate space for photographs and congratulations.

Classes are released in order of youngest to oldest. Please wait until your child's level is called to come forwards.

Do not ask your child to meet you outside the venue or in the car park as an adult with the QR code must be present. If someone else is picking your child up, they will need to have the relevant QR code for that child.

Students over 18 need to check themselves out.

You are welcome to bring congratulatory flowers or gifts for your performer and present them once collected in our celebration area away from the stage door.

BACKSTAGE CONCERT ETTIQUETTE

Performers are not permitted to leave the venue while the concert is running.

Only Simply Ballet staff are permitted backstage. We can't guarantee we can run messages or food to performers, so please make sure they have everything before they come backstage for rehearsal and concert.

Do not bring anything valuable, especially electronic devices. Mobile phones must be switched to silent mode while backstage or in the changing areas during the concert. Mobile phones cannot be used in dressing rooms. Performers must not take photos backstage.

Do not bring expensive items or jewellery to the theatre, Simply Ballet is not responsible for any participants personal property. Our studio and the venue will take no responsibility if an item is damaged, misplaced, lost, or stolen.

Explicit language, inappropriate attire, offensive clothing, and criminal behaviour will not be tolerated. Consuming alcohol and smoking on premises are not permitted.

Eating in costume is a no-no – only water should be consumed without protection over your costumes. This could be a dressing gown, wrap, cardigan, shawl, or loose jacket etc. You will also need to put this on if you wish to sit, eat anything, or touch up your make-up. Theatres can also be cold so you may need this extra layer just to keep warm.

Label everything – and we mean everything. Costumes, clothing, shoes, bags, and anything that could get separated from your person. We cannot guarantee any unlabelled lost property can be returned.

AUDIENCE ETTIQUETTE

Private videography and photography is strictly prohibited as we will have professionals attending on the day to provide these services for us leaving you free to sit back and enjoy the show.

If in the unfortunate event you are late arriving and the Theatre doors are closed, you must wait for a break in the performance before entering as opening theatre doors casts light onto the stage and is very obvious. It is also a distraction to other audience members and performers. Pease ensure you arrive with adequate time to be seated before the performance commences.

Ensure your phone is switched to silent or off and enjoy the show!

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CHECKLIST

☐	BALLET / DANCE SHOES
☐	TIGHTS & BACKUP TIGHTS
☐	COSTUME – SAFELY IN A GARMENT BAG
☐	COSTUME ACCESSORIES – SUCH AS ARM ACCESSORIES, ETC
☐	COMFY CLOTHES – SUCH AS A TRACKSUIT/JACKET TO KEEP WARM
☐	MAKE-UP SUPPLIES
☐	HAIRBRUSH AND COMB
☐	HAIR SPRAY / MOUSEE
☐	HAIR ELASTICS
☐	BUN PINS AND BOBBY PINS
☐	HAIR NETS
☐	SAFETY PINS
☐	CLEAR BAND AIDS, PANADOL, OR ANY OTHER MEDICATIONS REQUIRED
☐	WATER BOTTLE
☐	FOOD AND SNACKS – AVOID FOOD/DRINKS THAT CAN STAIN COSTUMES
☐	QUIET TOY OR BOOK TO PASS THE TIME (NO LOUD GAMES)
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SITE MAP