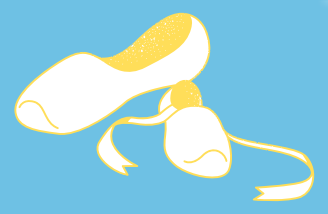
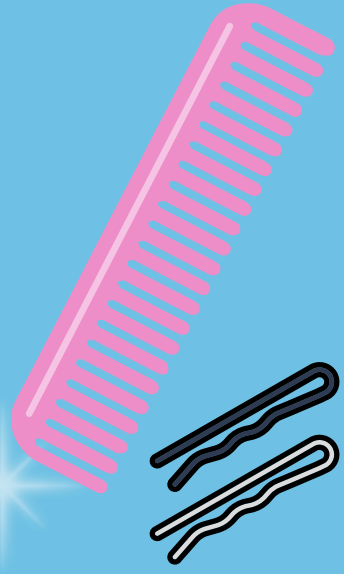


END OF YEAR CONCERT



Survival Guide



Contents

INTRODUCTION	2
TIMES & LOCATIONS	3
IN CLASS REHEARSALS.....	4
DRESS REHEARSAL AND TECHNICAL REHEARSAL	4
TICKETS.....	6
PHOTOS & VIDEO	7
COSTUMES	7
COSTUME CARE INSTRUCTIONS	8
TIGHTS, SHOES, AND UNDERWEAR	9
MAKEUP	10
HAIR.....	10
CONCERT PROCEDURES & ETTIQUITE	12
CHECKLIST	13
SITE MAP	14

INTRODUCTION

The opportunity to perform in a concert is an exciting, empowering and confidence-building part of the ballet training process. This is where we love to watch our students learn about the theatre, rehearsals, and teamwork while they enjoy the opportunity to showcase their skills in a professionally run production.

Concerts are a wonderful way for students to showcase the results of their hard work and for family and friends to join in the pride of their achievement. We love giving all students the chance to perform for their family and friends in this supportive and fun environment and encourage even our youngest and newest performers to be involved.

This is without doubt the highlight of our year and we are giddy with excitement to show you how hard our dancers have been working!

SIMPLY BALLET

Concert Survival Guide



TIMES & LOCATIONS

Our concert will be held at:

**The Richard Flynn Theatre
St. Ignatius College – Senior Campus
2 Manresa Court, Athelstone**



Sunday 24th November 2024

Free parking is available on Manresa Court in front of the school.

- Please enter the school ground past the Chapel and proceed to the stage door to the right of the theatre (not the main foyer doors).
- Please see the attached map for parking and Theatre locations.

IN CLASS REHEARSALS

Most rehearsals will happen during regular class times. In terms of attendance, it is important that students do not miss their scheduled classes between now and concert time so they can spend their rehearsal time together to learn their routines, feel confident and look amazing. If for any reason you or your child will miss more than one regular class between now and Concert Day, we ask that you contact Simply Ballet on 0493 030 052 to let us know in advance. Please note that unfortunately any families with unpaid dance or costume fees will not be allowed to participate in our concert.

DRESS REHEARSAL AND TECHNICAL REHEARSAL

Dress and Technical rehearsals are a compulsory part of preparing for our concert. This is where we get to see the costumes on students in a group and it gives us a chance to make any adjustments and ensure that everyone has time to get ready between their dances. We can see if any costumes are missing anything or need alterations.

Technical rehearsal gives the stars of our show a chance to get up and rehearse on the big stage – a very different environment than they are used to within the studio walls. They can overcome some of the jitters that may hit when the bright lights come on and really prepare themselves for the show ahead. It is a fun and rewarding experience and a great chance to watch their friends and see some other inspiring dancers as they wait for their turn in the spotlight.

Theatre Safety Induction is required because Theatres are working environments and involve many moving parts. The Technical Rehearsal and Theatre Safety Induction are mandatory for all participants for safety reasons without exceptions. If Theatre Rehearsal and Safety Induction are not attended, the student will not be able to perform in the concert.

Dress Rehearsal - all participants must attend

Sunday 17th November

All participants Dress Rehearsal (Simply Ballet studio)

- Participants will be given their costume at the dress rehearsal.
- **You will take your costume home after the dress rehearsal. You are responsible for it from this point onwards.**
- Participants will run through the dances a few times and practice the finale.
- The dress rehearsal allows the participants to become familiar and feel comfortable with their performance, costume(s), and being part of the entire performance as a whole.
- If you/your student has more than one dance, they will need to change costumes just like for the show.

- Participants learn entrances, exits, where to stand, interaction with other classes, and the finale/end of show process.
- Lighting, music cues, set changes, and all other logistics for an organized and professional performance are rehearsed so that everyone feels as comfortable as possible.
- No parents will be allowed in the studio during the dress rehearsal (this also keeps everything a surprise for you!)
- Rehearsal schedule will be sent at least 2 weeks prior.

Technical Rehearsal and Theatre Induction - all participants must attend.

Sunday 24th November

**All participants Technical Rehearsal and Theatre Safety Induction
(Richard Flynn Theatre, Athelstone)**

If participants miss their technical rehearsal and safety induction for any reason, they will not be able to perform in the show. There are no exceptions to this rule for safety reasons.

- Please arrive at your scheduled time. Schedules will be posted in the studio and sent via email 1 week prior.
- Performers should arrive in their dance uniform/ leotard and tights – not their costume.
- Wear clothing with zips/buttons etc. that can be removed without disrupting hair and make-up ie. a jacket that does not need to be removed over the head

Performers will need to bring along all their costumes, hair, and makeup items for the concert. This includes hairspray, bobby pins, bun pins, hairnets, stockings, socks, hair ties and safety pins etc. See the checklist at the end of this guide for more details.

All performers will be signed into the venue upon arrival, if under 18 by their responsible parent or guardian. Parents will not be admitted backstage however, rest assured that the children will be supervised through the duration of rehearsal & concert by Simply Ballet Staff. Performers cannot leave the premises without being signed out.

All costume and clothing items must be clearly labelled, and everyone is asked to bring a healthy lunch or snacks with a bottle of water – all labelled with your full name. Our staff will ensure that children are reminded to drink water regularly and eat their snack at the allocated time.

SIMPLY BALLET

Concert Survival Guide



TICKETS

Tickets will be available for purchase online from [Ticketebo](#) ticketing agent.

Ticket Type	Price (Inc. GST)
Adult	\$29
Child (Under 15)	\$19
Infants on lap	Free – but must be booked

Tickets sales will be first in, first served so we highly recommend you go online and purchase your tickets as soon as the site is live. Seating is unallocated in the theatre so you can sit with family and friends. You are welcome to purchase as many tickets as you wish.

We do not charge for infants to attend the concert unless they will be occupying their own seat. We also ask that you consider our dancers and other audience members when bringing young children to watch, and if they become loud, distressed, or disturb other audience members, please take them outside at an appropriate break to let off a bit of steam before returning to enjoy the rest of the show.

If you are late arriving, please wait for a break in the performance to enter to avoid distracting our performers and audience.

The theatre seats approximately 300 people and has access for up to 6 wheelchair seating. Please contact office@simplyballet.com.au if you require seating for a wheelchair.

There can be no photography or video taken inside the theatre.

PHOTOS & VIDEO

We are so excited to have our fabulous professional photographers taking pictures of our dancers to create some wonderful keepsakes from our concert. Photos will be taken throughout the technical rehearsal and concert and will involve all our hardworking dancers.

Access to download all photos are included in your participation fee and you will be sent a link to the photos a few weeks after the concert.

For copyright and child safety reasons, no photographs or video can be taken during the show by anyone other than our contracted photographers. Please do not bring cameras into the theatre and do not use your mobile devices for recording. This is very distracting to the people around you and is against Simply Ballet's Child Protection Policies. Audience members found recording on personal devices may be asked to leave the theatre.

The concert will be live streamed to a private web link so that family interstate or overseas can watch the concert live. A link and password will be sent to all participants email addresses a few days prior to the concert, you will need to pass this on to whomever you want to watch the concert. This link will be valid for 90 days.

The live stream will also be recorded, and you can re-watch it after the concert if you wish!

COSTUMES

Costumes will be available for pickup at your Dress Rehearsal. We will be doing a fit and final check during this dress rehearsal.

To ensure that there are no costume mishaps, participants should not wear their costumes, accessories, or tights prior to the dress rehearsal or performance.

- Costumes are irreplaceable. We cannot replace missing costumes or accessories.
- We will send costumes home with instruction sheets for tights, shoes, hair, etc.
- Costumes should remain hung up and not played with or worn before the concert.
- Please write each performer's name in their costume, shoes, accessories, and tights.
- Place the costumes in a garment bag with your performer's name on the outside.
- Pack accessories in a clear plastic bag with your performer's name on the bag and on each item.
- Hang ballet tutu's upside down from the gusset.
- To remove wrinkles, hang the costume in a steamy bathroom prior to the performance to keep them looking their best!

SIMPLY BALLET

Concert Survival Guide



- Please do not wash costumes in your washing machine; hand-wash them only after the performance.
- Do not iron your costume.
- No jewellery should be brought to the theatre unless it is part of your costume. Open Division and Graded students may wear small diamanté or plain stud earrings in pierced ears.
- ALTERATIONS We want performers to look their best on stage and in their pictures. Costumes are not custom made and may require some minor alterations. This is the responsibility of the participant.

Reminder – DO NOT ARRIVE at the venue in your costume, please wear your tights and leotard with a tracksuit or button/zip clothing over the top. Please avoid clothing that needs to be taken off over the head to avoid messing up hair and makeup. It is best to arrive with hair and makeup done as best as you can, Simply Ballet staff will assist if necessary.

COSTUME CARE INSTRUCTIONS

DO	DO NOT
DO find a garment bag and coat hanger to keep your costume clean and protected	DO NOT wear your costume at home before the show. It must be kept in pristine condition for stage.
DO air out your costume by hanging it with plenty of clear space surrounding. Tutu's should be hung upside down from the gusset. Hang your costume in a steamy bathroom to relax any wrinkles	DO NOT attempt to wash or iron your costume. Delicate fabrics and stretch materials do not respond well to heat and water. Costumes cannot be replaced.
DO make any adjustments you need such as shortening straps, or securing loose trims. We advise hand stitching.	DO NOT lose any of your accessories. This could include a headpiece, arm pieces, or costumes with multiple parts. Keep them all safe together. If your costume did not come with a head piece then it is being hired to you on the day.

Other tips

Add your tights, shoes and any other accessories needed to your garment bag to keep them safe together. Please name all shoes and extra pieces you bring to the theatre.

TIGHTS, SHOES, AND UNDERWEAR

Tights, shoes, hair supplies, and make-up are not included in your concert participation fee. You are responsible in sourcing and bringing these items with you.

Tights

Ballet Tights: Theatrical pink (female), Black (Male) or as per costume
Tap/Jazz Tights: Tan

- Tights are available at Simply Ballet or your local dancewear stores.
- Please keep your new tights for the concert; only wear them for pictures, dress rehearsal and the performance.
- Wash tights by hand in cold water separately and hang them up to dry.
- It is recommended you have at least two pair of tights in case of accidents.

Shoes

As per class requirements (see you teacher if unsure)

Shoes and ribbons should be cleaned or washed before dress rehearsal. Leather shoes can be cleaned with baby wipes. Canvas shoes and shoe ribbons should be handwashed in soapy water.

Underwear

Dance attire is designed so that underwear does not need to be worn underneath. For females, your tights act as underwear and males may wish to consider a dance belt.

We understand not everyone is comfortable with this. If you choose to wear underwear underneath your dance attire or costume it must be flesh coloured, smooth, and not visible. Females may wish to consider a [bodystocking](#) as an alternative to underwear. Bodystockings are available for purchase from Simply Ballet.

SIMPLY BALLET

Concert Survival Guide



MAKEUP

Without any make up, participants facial features become washed out on stage. All participants should wear a **minimum of foundation, blush, red or pink toned lipstick, and some mascara.**

We suggest participants have:

- Foundation/Base (avoid a high SPF rating if possible)
- Red or pink toned lipstick
- Pink tone blush
- Eye shadow in neutral colours (browns, tan etc.)
- Black eyeliner
- Black mascara

You do not need to buy expensive make-up – general brands from a chemist will be more than suitable. Teachers will be available to help with make-up application if required, however each participant must bring their own make-up supplies for hygiene reasons.

Watch the Simply Ballet Makeup Tutorial online here

[MAKEUP TUTORIAL](#)

HAIR

All hair should be secured in a high bun for all performers. If you can do your own hair, please do so. If not, teachers will be on hand to assist with hair before your onstage rehearsal. You will need to bring all supplies required with you.

Please bring the following hair supplies;

- Comb
- Hairbrush
- Hair elastics
- Bun pins
- Bobby pins
- Hairspray/gel
- Hairnet (Hairnets are preferable to bun nets as they are larger)

Bun packs are available for purchase from Simply Ballet in Blonde, Brown, and Black.

You can practice using Simply Ballet's hair tutorial available online here:

[HAIR TUTORIAL](#)

BE PREPARED - The concert isn't a one-day activity.

- Practice doing your hair and make-up at home
- Gather all costumes, accessories, shoes, and makeup several days in advance so you'll know if something is missing or isn't right.
- Make a checklist of your routines, listing their costume, tights, shoes, and any accessories, and refer to it to make sure you have all your supplies before going to the theatre.
- Bring at least one extra pair of tights of each colour.
- Bring extra hair gel, hair nets, bobby pins, and hairspray.
- Remember, no coloured or visible underwear

TIPS:

Extra things to bring

Baby wipes - to fix makeup mistakes or wash hands

Safety pins - for emergency costume repairs

Clear nail polish - to repair minor holes or runs in tights when there isn't time to change

Your pain reliever of choice, Band-Aids (the "invisible" kind)

Hairspray, gel, or other needed hair products.

REMEMBER

Always have a second pair of tights available.

Place costumes in a garment bag for travel.

Hang costumes to air before each performance.

Place your name in all costumes and shoes.

No visible or coloured underwear

CONCERT PROCEDURES & ETTIQUITE

As always, the safety of our Simply Ballet family is our #1 priority. When performers arrive at the concert they are to be checked and signed in by a parent or guardian with a Simply Ballet staff member at the stage door, and must be signed out when it's time to leave. If your child has any medical conditions that may require attention whilst in our care or are carrying any medication with them, please notify our staff when you sign in.

Performers are not permitted to leave the venue while the rehearsal and concert is running. No performer is to leave the backstage area, no exceptions.

Only Simply Ballet staff are permitted backstage. We can't guarantee we can run messages or food to performers, so please make sure they have everything before they come backstage for rehearsal and concert.

Please try not to bring anything valuable, especially electronic devices. Mobile phones must be switched to silent mode while backstage or in the changing areas during the concert. Performers must not take photos backstage either.

Do not bring expensive items or jewellery to the theatre, Simply Ballet is not responsible for any participants personal property. Our studio and the venue will take no responsibility if an item is damaged, misplaced, lost or stolen.

Explicit language, inappropriate attire, offensive clothing, and criminal behaviour will not be tolerated. Consuming alcohol and smoking on premises are not permitted.

Private videography and photography is strictly prohibited as we will have professionals attending on the day to provide these services for us leaving you free to sit back and enjoy the show in the moment!

Eating in costume is a no-no – only water should be consumed without protection over your costumes. This could be a dressing gown, wrap, cardigan, shawl, or loose jacket etc. You will also need to put this on if you wish to sit, eat anything, or touch up your make-up. Theatres can also be cold so you may need this extra layer just to keep warm.

Label everything – and we mean everything. Costumes, clothing, shoes, bags, and anything that could get separated from your person. We cannot guarantee any unlabelled lost property can be returned.

After the show, all performers under 18 need to be signed out of the venue by their parent / guardian. Do not ask your child to meet you outside the venue or in the car park as a parent must be seen for you to pick them up. If someone else is picking your child up, they need to have a written permission note to show who will be supervising them. Students over 18 need to sign themselves out.

SIMPLY BALLET

Concert Survival Guide



CHECKLIST

<input type="checkbox"/>	BALLET / DANCE SHOES
<input type="checkbox"/>	TIGHTS & BACKUP TIGHTS
<input type="checkbox"/>	COSTUME – SAFELY IN A GARMENT BAG
<input type="checkbox"/>	COSTUME ACCESSORIES – SUCH AS ARM ACCESSORIES, ETC
<input type="checkbox"/>	COMFY CLOTHES – SUCH AS A TRACKSUIT/JACKET TO KEEP WARM
<input type="checkbox"/>	MAKE-UP SUPPLIES
<input type="checkbox"/>	HAIRBRUSH AND COMB
<input type="checkbox"/>	HAIR SPRAY / MOUSSE
<input type="checkbox"/>	HAIR ELASTICS
<input type="checkbox"/>	BUN PINS AND BOBBY PINS
<input type="checkbox"/>	HAIR NETS
<input type="checkbox"/>	SAFETY PINS
<input type="checkbox"/>	CLEAR BAND AIDS, PANADOL, OR ANY OTHER MEDICATIONS REQUIRED
<input type="checkbox"/>	WATER BOTTLE
<input type="checkbox"/>	FOOD AND SNACKS – AVOID FOOD/DRINKS THAT CAN STAIN COSTUMES
<input type="checkbox"/>	QUIET TOY OR BOOK TO PASS THE TIME (NO LOUD GAMES)
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

SIMPLY BALLET

Concert Survival Guide



SITE MAP



1. Chapel of the Holy Name	12. Campion Building	23. Baulderstone Oval
2. Jesuit Residence	13. Library (Level 2)	24. Wallace Oval
3. Tuck Shop	14. Kostka Building (Art)	25. Bourke Oval
4. Bellarmine Room	15. Pavilion	26. Grounds & Maintenance
5. Bellarmine Building	16. Dennett Centre	27. Development Office
6. Kranewitter Hall	17. Leadership Offices	28. Uniform Shop
7. Bookroom	18. Reception & Infirmary	29. Construction Site
8. St Peter Faber SJ Building	19. Staff Room	
9. Bellarmine Lawn	20. Blessed Rupert Mayer SJ Building (P.E.)	
10. Xavier Wing	21. Tennis Courts	
11. Regis Building (Science)	22. Atkinson Oval	
		General Parking
		Visitor Parking Only